

Book your  
place at  
[matcpd.com](https://matcpd.com)

# Embracing Neurodiversity Awareness for Staff

**Category: Leadership,  
Equality, Diversity & Inclusion,  
& Workplace Wellbeing**

**Audience: Headteachers, Line  
Managers, HR Leads,  
Wellbeing Champions,  
School and Trust Leaders**

**Scheduled date:**  
Friday 3 October,  
12 PM – 1 PM

**Delivered by:**   
Michelle Gabriel

**Enrol Now →**

[matcpd.com](https://matcpd.com) 

[hello@matcpd.com](mailto:hello@matcpd.com) 

0208 0442296 

   **Bluesky**



## Introduction

Neurodiversity describes the natural variation in how people think, learn, communicate, and process information. Conditions such as autism, ADHD, dyslexia, dyspraxia, and others fall under the neurodivergent umbrella, but understanding goes far beyond labels.

This bite-sized session explores what neurodiversity can look like in the workplace and how schools and trusts can build environments where all employees feel safe, seen, and supported to perform at their best.

## Learning Objectives

- Understand what neurodiversity means in a workplace context
- Learn about common neurodivergent experiences and traits
- Explore ways to create a supportive, inclusive culture for neurodivergent colleagues
- Gain practical ideas for adjustments, communication, and workplace practices
- Reflect on how neurodiversity links to your broader people strategy and people plan.

## Course Outline

This awareness-raising session is ideal for anyone looking to understand neurodiversity and support inclusion with confidence and compassion. Practical, clear, and inclusive - no prior knowledge required.

## Course Programme

- 12:00 – 12:05 PM – Welcome & Objectives
- 12:05 – 12:15 PM – What is Neurodiversity?
- 12:15 – 12:30 PM – Neurodiversity at Work
- 12:30 – 12:45 PM – Inclusive Practice and Adjustments
- 12:45 – 1:00 PM – Reflection, Tools & Q&A

## Meet Your Trainer!

Michelle is a chartered fellow of the CIPD and an experienced senior leader with over 16 years of HR expertise in the schools' sector.

She's worked in both outsourced HR services for Schools and Trusts and in-house as Director of HR for a Midlands based Multi Academy Trust and has been developing and delivering compelling staff workshops and training for over 10 years. She's an ambassador for flexible working, passionate about making Schools great places to work and currently provides HR support

and consultancy to Schools and Trusts nationally alongside her team at Capita Entrust People Solutions. She's also an accredited workplace mediator, Safer Recruitment Trainer, and workplace coach.

